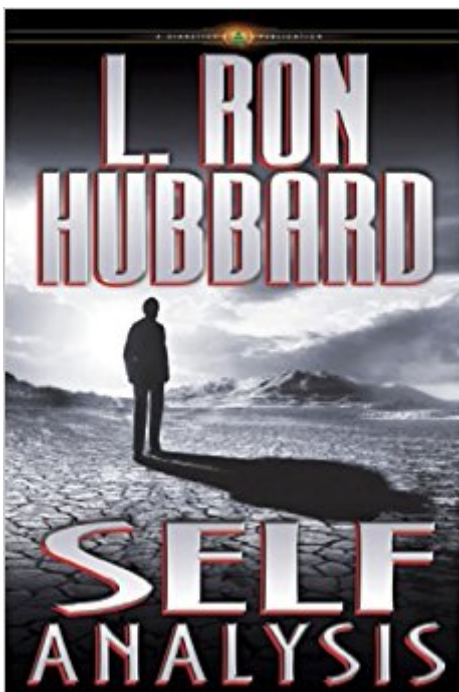


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# Self Analysis



## Synopsis

Do you really know yourself? Now you can, with *Self Analysis*. This book will take you through your past, your potentials, your life. First, with a series of self-examinations and using a special version of the Hubbard Chart of Human Evaluation, you plot yourself on the Tone Scale. Then, applying a series of light, yet powerful processes, you embark on the great adventure of self-discovery. This book further contains embracing principles that reach any case, from the lowest to the highest—including auditing techniques so effective, they are referred to by L. Ron Hubbard again and again, through all following years of research into the highest states. In sum, this book not only moves one up the Tone Scale, but can pull a person out of almost anything. Included are: The laws of survival and abundance The most embracing description of consciousness Our efforts for immortality and its relationship to matter, energy, space and time Essays describing a broad array of discoveries including time, remembering, forgetting, imagination, valences and special auditing lists for each And, beyond all those revelations, self-processing lists that provide the most powerful of auditing and which can be done anywhere and at any time—uncovering the real world of you The barriers of life are really just shadows. Learn to know yourself, not just a shadow of yourself. *Self Analysis* shows you how. Æ Å Æ Å Æ Å Æ Å

## Book Information

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## Customer Reviews

L. Ron Hubbard There are only two tests of a life well lived L. Å Ron Hubbard once remarked: Did one do as one intended? And were people glad one lived? In testament to the first stands the full

body of his life's work, including some 12,000 writings and 3,000 tape-recorded lectures of Dianetics and Scientology. In evidence of the second are the hundreds of millions of individuals whose lives have been demonstrably bettered because he lived. They are the more than 28 million students now reading superlatively owing to L. Ron Hubbard's educational discoveries; they are the millions of men and women freed from substance abuse through L. Ron Hubbard's breakthroughs in drug rehabilitation; they are the near 100 million who have been touched by his nonreligious moral code: and they are the many millions more who hold his work to be the spiritual cornerstone of their lives. Although best known for Dianetics and Scientology, L. Ron Hubbard cannot be so simply categorized. If nothing else, his life was too varied, his influence too broad. There are tribesmen in Southern Africa, for example, who know nothing of Dianetics and Scientology, but they know L. Ron Hubbard the educator. Likewise, there are factory workers in Albania who know him only for his administrative discoveries; children in China who know him only as the author of their moral code, and readers in dozens of languages who know him only for his novels. So, no, L. Ron Hubbard is not an easy man to categorize and certainly does not fit popular misconceptions of "religious founder" as an aloof and contemplative figure. Yet the more one comes to know this man and his achievements, the more one comes to realize he was precisely the sort of person to have brought us Scientology, the only major religion to have been founded in the twentieth century. What Scientology offers is likewise what one would expect of a man such as L. Ron Hubbard. For not only does it provide a fully unique approach to our most fundamental questions—Who are we? From where did we come and what is our destiny? But it further provides an equally unique technology for greater spiritual awareness. So how would we expect to characterize the founder of such a religion? Clearly, he would have to be larger than life, attracted to people, liked by people, dynamic, charismatic and immensely capable in a dozen fields—all exactly L. Ron Hubbard. The fact is, if Mr. Hubbard had stopped after only one of his many accomplishments he would still be celebrated today. For example, with 46 million works of fiction in circulation, including such monumental bestsellers as *Battlefield Earth*, *Fear and the Mission Earth* series, Mr. Hubbard is unquestionably one of the most acclaimed and widely read authors of all time. His novels have earned some of the world's most prestigious literary awards, and he has very genuinely been described as "one of the most prolific and influential writers of the twentieth century." His earlier accomplishments are similarly impressive. As a barnstorming aviator through the 1930s he was known as "Flash" and broke local records for sustained glider flight. As a leader of expeditions, he is credited with conducting the first complete

Puerto Rican mineralogical survey under United States protectorship and his navigational annotations still influence the maritime guides for British Columbia. His experimentation with early radio direction finding further became the basis for the Long Range Navigational system (Loran). And, as a lifelong photographer, his works have been displayed in galleries on two continents, with the definitive body of his photographs in traveling and permanent exhibits still drawing tens of thousands every year. Among other avenues of research, Mr. Hubbard developed and codified an administrative technology that is utilized by more than 200,000 organizations worldwide, including multinational corporations, charitable bodies, political parties, schools, youth clubs and every imaginable small business. Likewise Mr. Hubbard's internationally acclaimed educational methods are utilized by more than a hundred thousand educators, while his equally acclaimed drug rehabilitation program has proven at least five times more effective than similarly aimed programs. Yet, however impressive these figures, no measure of L. Ron Hubbard is complete without some appreciation of what became his life's work: Dianetics and Scientology. The world's most effective force for positive change, the Church of Scientology represents spiritual freedom for millions of people the world over. They come from every walk of life, every culture and every strata of society. Moreover, when one is speaking of L. Ron Hubbard's discoveries relating to the human mind and spirit, one is ultimately speaking of the philosophic foundation of all he accomplished: better education, crime-free cities, drug-free campuses, stable and ethical organizations and cultural revitalization through the arts—all this and more is made possible because of the breakthroughs in Dianetics and Scientology.

Strange but it really works! In unexpected ways. You won't know why at first, but after doing what it says and the exercises, it really makes positive changes in you.

interesting reading. i tried the exercises and have been using them daily and have not noticed any changes or differences in my mood. can't tell if it has any positive effect or not. seems like doesn't help and it doesn't hurt.

For everyone out there that spreads any kind of negativity about Scientology or L. Ron Hubbard obviously has not even taken the time to read ANY of his books. Self Analysis makes the reader take a real good look at themselves and discover what things are holding them back from reaching their full potential. This book is absolutely wonderful, I would recommend everyone to read it and

give it a chance. Note to anyone that has heard any negativity about Scientology. I highly urge those of you that have any negative thoughts about Scientology to do the following: Read Dianetics, Self Analysis, The Fundamentals of Thought and What is Scientology?. Just because a group of people said that Scientology is a cult and all they are after is your money; doesn't mean it is true. You can say that about any religion, but it does not make it true. Do not believe all the negativity that the media has put out there about Scientology and Scientologists. Scientology is all about helping others, and making the world around us a better place to live. Self Analysis by L. Ron Hubbard is a great book! A++++!!!

This book contains the best memory exercises there are. I have looked at many other memory enhancement courses and books but this is the best. The exercises are simple and easy to understand. About 60% of the book are lists of things to remember and each item in a list is matched to sensory perceptions. For example: Recall a time you had a holiday and match it to smell. You might get the smell of turkey in the oven or maybe apple pie. 30 or 40 minutes a day works great to improve your outlook on life and enhance your memory. Simple, but it works. I owned this book in 1986 but lost it in a move. I am very pleased that I was able to find a copy of this book on .

You can discover very interesting things about yourself with this book. If you enjoy learning, understanding, and improving your potential this book makes for a great adventure.

I love the book. It's been very helpful. I'm a Writer. This book has helped me improve my memory and it has given me a much better ability to concentrate on my work when I'm working.

L. Ron Hubbard's work has been much maligned, but after listening to the audio version of Self Analysis I am convinced that his has been extremely important work for humanity. Anyone can pick up this audio book and listen and follow its directions. The reward came immediately for me, my husband and our daughter who lives several thousand miles away, for whom we bought a copy. I recommend that if you are trying to understand what makes you tick and how to find and use your strengths and correct your weaknesses, get this book and use it. It will serve you well.

Excellent memory exercises and a thoroughly interesting read. Found the exercises relaxing and the quality and presentation of the book to be top class. Highly recommended, and not just for

students of Scientology.

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